



Registration Form

On A Mission 5K/10K
Presented by Harrisonburg Baptist & Shenandoah Valley
Track Club

Rockingham County Fairgrounds
Saturday, May 30, 2015

Toddler Dash 8:00 Big Kid Sprint 8:15 10K 8:30 5K Run/Walk 8:45

Please make check payable to Harrisonburg Baptist Church 5K and include with this form. Only one individual per form please.. **All proceeds directly fund outreach projects for Mercy House, Spotswood Elementary, and Bridge of Hope.** Mail to 501 South Main Street, Harrisonburg Baptist Church, 22801.

First Name: _____ Last Name: _____

Address: _____

Phone: _____ E-mail: _____

Age: _____ Sex: _____ Registration is for: _____ Kids' race (\$5) _____ 5K (\$25) _____ 10K (\$35)

T-Shirt Size (T-shirts will be given to all participants registering on/by May 1):

****Please note, there are no t-shirts available for the kids' races**

Adult-- small medium large x-large

Waiver and Release:

I know participating in any event is a potentially hazardous event. I am in adequate physical condition to participate. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event including, but not limited to: illness, falls, contact with other participants, the effects of the weather, traffic and conditions of the road. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I waive and release the Rockingham County Fairgrounds, Shenandoah Valley Track Club, and Harrisonburg Baptist Church, all sponsors and its directors, officers and staff and volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons covered by waiver and release. I understand and agree that the entry fee is a non-refundable and non-transferable. I grant permission to all of the foregoing to use any photography, recording, either sound or video, or any other record of this event for any legitimate purpose without charge.

Signature of participant: _____

Signature of parent/legal guardian: _____

****Race packet pick-up at Harrisonburg Baptist on May 29 from 5 to 7 PM is strongly encouraged. Race day packet pick-up is also available at 7:30 am. Additional questions can be e-mailed to missionsathbc@gmail.com**